# Viral: The Fight Against AIDS in America

The fight against AIDS in America has been a long and difficult one. The virus was first identified in the United States in 1981, and by 1985, it had become a full-blown epidemic. In the early years of the epidemic, there were few effective treatments for AIDS, and the death toll climbed rapidly.



#### VIRAL: The Fight Against AIDS in America by Ann Bausum

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In response to the crisis, the federal government established the National AIDS Commission in 1987. The commission was charged with developing a comprehensive plan to combat the epidemic. The plan included increased funding for research, education, and prevention programs.

The 1990s saw significant progress in the fight against AIDS. The development of new drugs, known as protease inhibitors, helped to keep people with HIV alive and well. In 1996, the FDA approved the first HIV vaccine, but it was later found to be ineffective.

In the 2000s, the focus of the fight against AIDS shifted to prevention. The government launched a number of campaigns to encourage people to get tested for HIV and to use condoms. These campaigns helped to reduce the number of new HIV infections in the United States.

Today, the fight against AIDS is far from over. There are still an estimated 1.1 million people living with HIV in the United States. However, the progress that has been made in the past three decades has given hope to those living with the virus and to those who are working to end the epidemic.

#### **Timeline of the Fight Against AIDS in America**

- 1. 1981: The virus that causes AIDS is identified in the United States.
- 2. 1985: AIDS becomes a full-blown epidemic in the United States.
- 3. 1987: The federal government establishes the National AIDS Commission.
- 4. 1990s: The development of new drugs, known as protease inhibitors, helps to keep people with HIV alive and well.
- 5. 1996: The FDA approves the first HIV vaccine, but it is later found to be ineffective.
- 6. 2000s: The focus of the fight against AIDS shifts to prevention.
- 7. Today: There are still an estimated 1.1 million people living with HIV in the United States.

#### Impact of AIDS on the American Population

- AIDS has had a devastating impact on the American population. As of 2019, an estimated 700,000 Americans have died from AIDS.
- The virus has disproportionately affected certain populations, including gay and bisexual men, African Americans, and Latinos.
- AIDS has also had a significant economic impact. The cost of treating HIV/AIDS in the United States is estimated to be in the billions of dollars each year.

#### **Current Challenges in the Fight Against AIDS**

The fight against AIDS is far from over. There are still a number of challenges that need to be addressed, including:

- The stigma associated with HIV/AIDS: Despite the progress that has been made in the past three decades, there is still a stigma associated with HIV/AIDS. This stigma can prevent people from getting tested for HIV, accessing treatment, and living full and healthy lives.
- The lack of access to affordable healthcare: The cost of treating HIV/AIDS can be prohibitively expensive for many people. This lack of access to affordable healthcare can lead to people delaying or skipping treatment, which can have serious consequences for their health.
- The emergence of drug-resistant HIV: The virus that causes AIDS can mutate and become resistant to drugs. This can make it difficult to treat people with HIV and can lead to the development of new strains of the virus that are more difficult to treat.

#### The Future of the Fight Against AIDS

Despite the challenges that remain, there is hope for the future of the fight against AIDS. The development of new drugs and vaccines, as well as the increased availability of affordable healthcare, are all helping to save lives.

The fight against AIDS is a global one. The United States is working with other countries to develop and implement strategies to combat the epidemic. The goal is to end AIDS as a public health threat by 2030.

The fight against AIDS has been a long and difficult one, but progress has been made. The virus that causes AIDS is now more manageable than ever before, and the number of new HIV infections is declining. However, there is still much work to be done. The stigma associated with HIV/AIDS needs to be eliminated, and access to affordable healthcare needs to be expanded. With continued effort, we can end AIDS as a public health threat.

#### **Additional Resources**

- Centers for Disease Control and Prevention: HIV/AIDS
- The Body: The HIV/AIDS Resource
- AIDS.gov

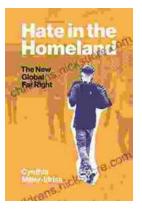




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