

# Twenty Things Adopted Kids Wish Their Adoptive Parents Knew



## Twenty Things Adopted Kids Wish Their Adoptive Parents Knew by Sherrie Eldridge

★★★★☆ 4.5 out of 5

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|----------------------|-------------|
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Adoption is a beautiful and transformative experience that brings together families from all walks of life. However, it is also a complex journey that can be filled with challenges and adjustments for both adopted children and their adoptive parents.

As an adoptive parent, it is crucial to understand the unique perspectives and experiences of your adopted child. By doing so, you can create a supportive and nurturing environment that helps them thrive.

Here are twenty things adopted kids wish their adoptive parents knew:

1. **I am not my birth parents.** Even though I may share physical or personality traits with my birth parents, I am my own unique individual.

Please don't compare me to them or make assumptions about who I am based on my genetic background.

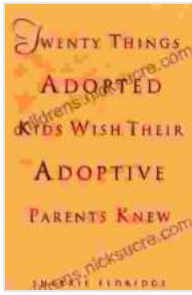
2. **I may have a complex history.** I may have experienced trauma, neglect, or abuse in my early life. This can have a lasting impact on my behavior and emotional development. Please be patient and understanding as I work through these issues.
3. **I need time to adjust to my new family.** Coming into a new family is a major transition. I need time to get to know you, my siblings, and my new surroundings. Please don't expect me to fit in immediately.
4. **I need to talk about my past.** I may not always be comfortable talking about my early life, but I need to be able to talk about it when I'm ready. Please be patient and supportive when I open up to you.
5. **I don't always feel like I belong.** Even though I am now part of your family, I may still feel like an outsider at times. Please help me to feel included and loved.
6. **I may have different values and beliefs than you.** I was raised in a different environment than you, so I may have different values and beliefs. Please respect my differences even if you don't agree with them.
7. **I need to be able to express myself.** I need to be able to express myself freely and openly. Please don't censor me or try to control what I say or do.
8. **I need to be loved unconditionally.** I need to know that you love me no matter what. Please don't love me only when I meet your expectations.

9. **I need to be disciplined fairly.** I need to know that I will be disciplined fairly and consistently. Please don't discipline me out of anger or frustration.
10. **I need to be able to make mistakes.** I am going to make mistakes. Please don't be too hard on me when I do. I need to be able to learn from my mistakes and grow.
11. **I need to be successful.** I want to be successful in school, in my career, and in life. Please help me to reach my full potential.
12. **I need to be happy.** I want to be happy and fulfilled in life. Please help me to find my happiness.
13. **I am grateful for you.** I am grateful for you for adopting me and giving me a loving home. I love you.

Adopting a child is a lifelong commitment. It is a journey filled with both challenges and rewards. By understanding the unique perspectives and experiences of adopted children, adoptive parents can create a supportive and nurturing environment that helps them thrive.

If you are considering adoption, please take the time to learn as much as you can about the adoption process and the needs of adopted children. There are many resources available to help you on this journey.

Adoption is a beautiful and transformative experience that can bring great joy to both adopted children and adoptive parents. By understanding the unique challenges and rewards of adoption, you can create a strong and loving family that will last a lifetime.

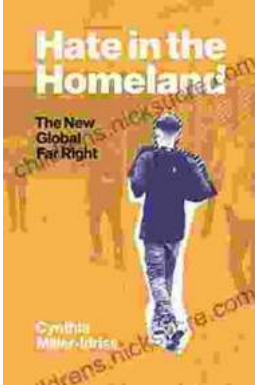


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