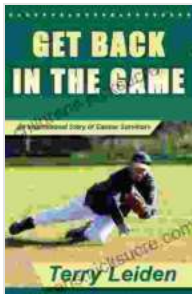


Get Back In The Game: A Comprehensive Guide to Returning to Work After a Break

Returning to work after a break can be a daunting task. After all, a lot can change in the workplace in even a short amount of time. New technologies may have been introduced, new processes implemented, and new people hired. It's understandable to feel a bit overwhelmed and out of the loop.



Get Back in the Game: An Inspirational Story of Cancer

Survivors by Terry Leiden

★★★★★ 5 out of 5

Language : English
File size : 628 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 251 pages
Lending : Enabled



But don't worry, you're not alone. Millions of people take career breaks for a variety of reasons, and most successfully return to work. With a little preparation and planning, you can make the transition back to work as smooth as possible.

1. Assess Your Skills and Experience

The first step in returning to work is to assess your skills and experience. What are you good at? What kind of work do you enjoy ng? What are your

career goals? Once you have a good understanding of your skills and experience, you can start to identify job opportunities that are a good fit for you.

2. Update Your Resume and LinkedIn Profile

Your resume and LinkedIn profile are two of the most important tools you have in your job search. Make sure they are up to date and reflect your current skills and experience. If you have taken a break from work, be sure to highlight any relevant volunteer work, freelance projects, or other activities that you have been involved in.

3. Network

Networking is a great way to learn about job opportunities and connect with potential employers. Attend industry events, join online groups, and reach out to your friends and family for leads. The more people you know, the more likely you are to hear about job openings.

4. Prepare for Interviews

Once you start getting interviews, it's important to be prepared. Practice answering common interview questions, such as "Tell me about yourself" and "Why are you interested in this job?" You should also research the company and the position you are interviewing for so that you can speak intelligently about both.

5. Negotiate Your Salary

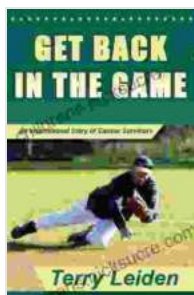
Once you have been offered a job, it's time to negotiate your salary. This can be a daunting task, but it's important to remember that you are worth what you ask for. Do your research to find out what the average salary is

for similar positions in your industry. You should also be prepared to talk about your skills and experience, and how you can add value to the company.

6. Get Back to Work!

Congratulations! You've landed a new job. Now it's time to get back to work. The first few weeks and months will be a period of adjustment, but with a little effort, you'll soon be back in the swing of things.

Returning to work after a break can be a challenge, but it's also an opportunity to start fresh and pursue your career goals. With a little preparation and planning, you can make the transition back to work as smooth as possible.



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by Terry Leiden

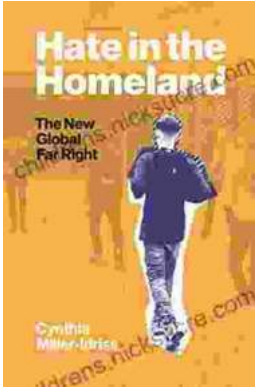
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