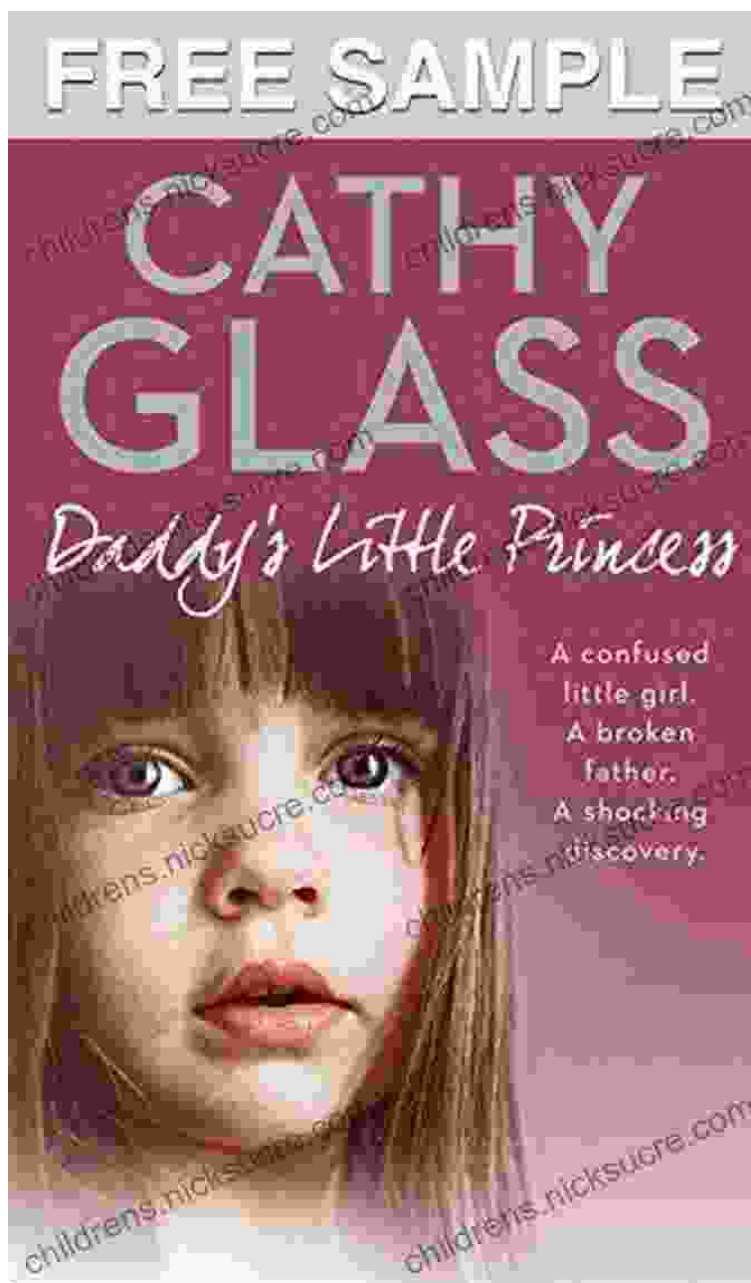


# Daddy's Little Princess: The True Story of Cathy Glass's Courageous Escape from a Horrific Childhood

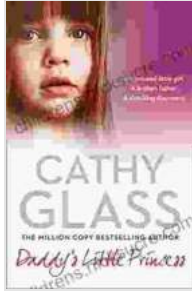


**Daddy's Little Princess** by Cathy Glass

★★★★☆ 4.6 out of 5

Language

: English



File size	: 11954 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 337 pages



Cathy Glass's *Daddy's Little Princess* is a raw and unflinching memoir that chronicles her harrowing childhood abuse at the hands of her father. From a young age, Cathy was subjected to physical, emotional, and sexual abuse, and lived in constant fear of her father's unpredictable temper. Despite the horrors she endured, Cathy found the courage to escape and rebuild her life. Her story is a powerful testament to the resilience of the human spirit and the importance of speaking out against abuse.

## **Cathy's Early Life**

Cathy Glass was born in England in 1966. Her father, Jack, was a violent alcoholic and her mother, Pat, was a passive and submissive woman who was unable to protect her children from his abuse. Cathy's early years were marked by poverty and chaos. The family lived in a small, dilapidated house, and Cathy often went hungry and unwashed. Jack frequently beat Cathy and her siblings, and he also sexually abused her.

## **Life with Jack**

As Cathy grew older, the abuse became more severe. Jack began to rape her regularly, and he would also force her to witness his violence against her mother. Cathy lived in constant fear, and she developed severe anxiety

and depression. She felt trapped and alone, and she began to believe that she deserved the abuse.

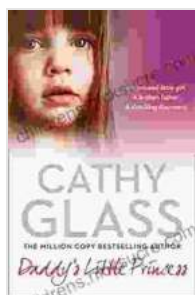
## Escaping the Abuse

In her late teens, Cathy finally found the courage to escape. She confided in a friend, who helped her contact the police. Jack was arrested and charged with child abuse. Cathy and her siblings were placed in foster care, and they eventually found a safe and loving home.

## Rebuilding Her Life

After escaping the abuse, Cathy began the long and difficult process of rebuilding her life. She worked through her trauma with the help of therapy and support groups, and she eventually found the strength to forgive her father. Cathy went on to become a successful author and speaker, and she now dedicates her life to helping other survivors of abuse.

Cathy Glass's *Daddy's Little Princess* is a powerful and inspiring memoir that raises awareness about the horrors of child abuse. Cathy's story is a reminder that even in the darkest of times, there is always hope. With courage and resilience, it is possible to escape abuse and build a better life.



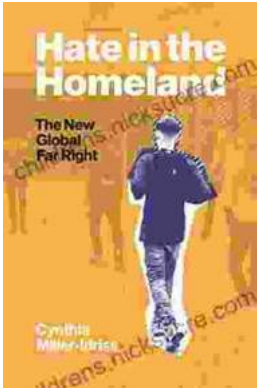
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